

Positive Mindsets:

Resilience and Social Emotional Literacy

Presenter : Madhavi Nawana Parker

Madhavi Nawana Parker is the Program Director of Solutions for Kids and a published author of social emotional literacy programs including 'The Resilience and Wellbeing Toolbox' and 'What's the Buzz?' which is part of the St Andrew's School social and emotional curriculum. Healthy relationships are at the core of a person's wellbeing and good social emotional literacy provides the platform for academic and lifelong achievement. In this workshop, Madhavi will guide parents to develop simple and practical ways to support their children to be more resilient and socially-emotionally skilled.



You can find out more about Madhavi by clicking on the following links:

<http://madhavinawana.com.au>

<https://www.facebook.com/madhavinawana/>

Thursday 7 February
St Andrew's School Hall

(These sessions are scheduled to run concurrent with the Parent Information Evening.)

<p>Years 3 to 7</p>	<p>Rec to Year 2</p>
<p>Madhavi Nawana Parker (School Hall) 6.00 to 7.00pm Parent Information Sessions (Held in the year level classrooms) 7.15 - 8.15pm</p>	<p>Parent Information Sessions (Held in the year level classrooms) 6.00 - 7.00pm Madhavi Nawana Parker (School Hall - ELC Parents Welcome) 7.15 - 8.15pm</p>

Bookings

admin@standrews.sa.edu.au or 08 8168 5555

RSVP: Tuesday 5 February 2019

Creche (ELC to Y2)

Available 6.00 - 8.15pm

Bookings Essential: kphin@standrews.sa.edu.au